

December

Saturday 4th December

Advent quiet day

with Kathleen O'Sullivan, Ignatian accompanier with Celtic roots.



Meditative Evening Prayer including Taizé chants. Each last Tuesday of the month except July, August and December. 7.30 to 8.30pm. No need to book. 26/1, 23/2, 23/3 (Holy Week) , 27/4, 25/5, 29/6 ...28/9, 28/10, 23/11 and 15-4/12 (Advent)

Come Away One Thursday a month from 10.30am-12.30noon.

For those wishing to 'take time out' on their life and faith journey of compassionate caring for family, friends, neighbours...time to rest and draw from the Source of all Love. Contact Sister Regula.

Creative Arts at St. Andrew's

Explore connection through the Creative Arts

Creative Arts Workshops held at St. Andrew's

Creative Arts Newsletter: updates on Workshops, project news, projects to do at home... and more!... With Sister Fiona Maguire.

To receive the Creative Arts Newsletter, send an email to welcome@sisters-of-st-andrew.com

Contact us for: Day groups (up to 25), residential groups (up to 9), individual quiet day or retreat of several days with or without a personal accompaniment, online individually guided retreat, spiritual accompaniment, supervision of spiritual accompaniment, Spiritual Exercises of St Ignatius in daily life or residential.

Information, contact and booking

www.sisters-of-st-andrew.com

99 Belmont Hill, London SE13 5DY

welcome@sisters-of-st-andrew.com

Lewisham and Blackheath Station 10 minutes walk.

Bus 54, 89, 108 at the door. Car park on site.





Saint Andrew's Calendar 2027

Our house is a small retreat centre in South-East London between Lewisham and Blackheath, with Greenwich close by. It is a surprisingly quiet oasis of peace and stillness in the midst of urban life. We are pleased to welcome small groups of up to 25 day guests and accommodation for individuals or small groups looking for a place of retreat, silence and rest.

The sisters of Saint Andrew are an Ignatian international congregation founded in the 13th Century to welcome pilgrims. We continue to welcome individuals and groups for times of retreat, silence and personal reflection.

February

Friday 5 to Sunday 7 February

Stepping Stones into Silence. A silent retreat with personal accompaniment (Individually Guided Retreat). Friday 5pm to Sunday 5pm. Self-Catering.

Saturday 13 February

Lent Quiet Day. Journeying with Jesus in Lent.

How do Jesus' journey of life resonate in our own lives? There will be inputs and personal time. We will be introduced to pray with beads, 'the Pearls of Life'. With Sister Marie-Christine.

Sunday 14 February to Sunday 14 March:

Lent Retreat: “Do not be afraid, I am with you.» Isaiah 43:5.

A four-week retreat in daily life inspired by the Spiritual Exercises of St Ignatius. An opportunity to be gently introduced to the Ignatian retreat or to refresh our experience. Led by a team of spiritual accompaniers and the sisters (more on our website).

April

Saturday 17 April

God and me, me and God

A workshop using attachment theory, Bible stories and creativity to reflect upon/uncover how we are attached to God, our image of God and of ourselves, and how we relate to one another. With Sister Christiane

May

Friday 14 to Sunday 16 May

Healthy leadership, healthy service

“He is the shepherd and the lamb, he is the king the servant of all”.

Leadership and service are part of our lives. Both can become harmful to us or others. St Ignatius, in his Spiritual Exercises, invites us to learn from Jesus as we meet him in the Gospels. A themed weekend retreat with inputs, silence, personal time and sharing. Residential or joining for the days. Self catering. With Sister Marie-Christine

June

Saturday 12 June

Love’s Welcome.

A quiet day to consider God's gracious invitation to overcome barriers that keep us from connecting with God and one another. It includes reflections on George Herbert's poem "Love (III)" and on Sieger Köder's painting "All Are Welcome". With Sheelagh Daly, counsellor and spiritual director

July

Saturday 10th July

Called to Be- a Day for Reflection.

Space to reflect on how God has and is calling you.

The day will include words, music and visual images as we explore how God calls us. With Pamela Ive

Sunday 25 July to Tuesday 3 August

An Urban Oasis Silent Retreat, 3 to 8-Day, Individually Guided Retreat, with personal accompaniment by the sisters. Self catering.

September

Saturday 25 September

A Quiet Day in the Season of Creation. With Sr Regula

October

Saturday 16 October 2027

Making Better Choices, with St Ignatius of Loyola

The input will include some wisdom about discernment, with time for participants to explore their own experiences.

With Nicola Smedley

Nicola Smedley is a spiritual director based in Waterloo, London and Devon. She is formed in Ignatian spirituality and leads ISC's one year course, Ignatian Enrichment, for experienced spiritual directors.

<https://www.artsd.org.uk/>

Friday 22 to Sunday 24 October

Stepping Stones into Silence. A silent retreat with personal accompaniment (Individually Guided Retreat). Friday 5pm to Sunday 5pm. Self-Catering.

November

Saturday 6 November

Being Salt and Light. With Mary Chamberlin

In Matthew 5:13,14. Jesus tells us: "You are salt, you are light."

This reflective Workshop offers a safe and creative space in which to explore the unique potential within Christ's call to be his 'salt and light' in our world today.

It is not necessary to have any artistic skill or to have had any previous art experience, you are simply invited to reflect and respond by making marks, noticing what might be emerging as you do so. All art materials will be provided.

Mary Chamberlin is an experienced Spiritual Director/Accompanier and former Art Therapist, who values Art and mark-making processes to identify thoughts and beliefs that are sometimes complex and not easy to articulate with words alone.