

Dear friends,

This year, Lent is coming early, Ash Wednesday being the 14th February and Easter Sunday the last day of March. You may like to take the opportunity to make a retreat or book for a Quiet Day.

Here are our upcoming events at St Andrew's :

### A Four Week Retreat in Daily Life.

Detailed information on our website :

<https://sisters-of-st-andrew.com/wp-content/uploads/2024/01/2024-Lent-retreat-long-flyer.pdf>

Please book online before the 10th February

## Lent Retreat

Sunday 18 February to Sunday 17 March 2024



Weekly meeting with a spiritual guide in person or online.

Opening and closing meetings at St Andrew's Lewisham (or online with the spiritual guide)

Donation £40 to £60  
More information on our website  
Please book before 10 February.

Sisters of St Andrew, 99 Belmont Hill, SE13 5DY Lewisham  
Contact and Booking: [www.sisters-of-st-andrew.com](http://www.sisters-of-st-andrew.com)  
registered charity 227315



### A Lenten Quiet Day

## Lenten Quiet Day

*"I will lead you into the wilderness and speak tenderly to you."*  
Hosea 2:14

### Saturday 2nd March 2024



With sister Marie-Christine

10 arrivals, 10.30 start,  
4.00pm end.

Time for quiet and rest, personal prayer and reflection, input and sharing, prayer together. Please bring a packed lunch.

Suggested donation: £20 – £30

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Please book online

You may also like to do a **quiet day** or a **retreat** on your own, or to come with a **group**. Contact us by email if you are interested.

Later dates :

**Sunday 24th March 6pm :**

**The Seven Last Words of our Saviour on the Cross, Joseph Haydn.**

A Musical meditation with the Saunders String Quartet

**Sunday 24th 5pm to Thursday 28th March 10am : 'Holy Week Retreat'** with morning inputs and evening worships.

With best wishes,

the sisters of St Andrew

Sent us an email to subscribe or unsubscribe to this newsletter

