



St Andrew's Autumn Calendar 2023

Saturday 23 September: Wonder and Hope in a time of Ecological Crisis (day)

10am for 10.30 start. Ends 4pm. Bring a packed lunch With Sr Regula

Wednesday 27th September: A taste of Ignatian Spirituality: 1. Entering into prayer

10am for 10.30 start. Ends 1pm. With Sr Marie-Christine

Wednesday 10th October: A taste of Ignatian Spirituality: 2. Discernment

10am for 10.30 start. Ends 1pm. With Sr Marie-Christine

Saturday 21 October: Empty Nest Syndrome, going through the transition. (day)

A workshop day with input, sharing and personal times.
10am for 10.30 start. Ends 4pm. Bring a packed lunch. With Sr Marie-Christine

Wednesday 25th October: A taste of Ignatian Spirituality: 3. The Examen
10am for 10.30 start. Ends 1pm. With Sr Marie-Christine

Friday 27-Sunday 29 October Stepping Stones into Silence
A silent retreat for beginners including personal accompaniment with a sister
(Individually Guided Retreat) 5 pm on Friday to 5pm on Sunday.

Sunday 26 November: St Andrew's Open Afternoon.
2.30 to 5.30pm. 4.30 prayer with the community

Saturday 2 December Advent Quiet Day- (Day)
10am for 10.30 start. Ends 4pm. Bring a packed lunch. With Sr Sigrun

Wednesday 13 December: Meditative prayer with Taizé Chants. 7.30 to 8.30pm.
(no Prayer on the last Wednesday of December)

Meditative evening prayer with Taizé chants.
Last Wednesday of each month except July, August and December. 7.30 to 8.30pm. Arrive at 7.00 if you wish to practice the songs. No need to book: 27/9, 25/10, 29/11, **13/12**.

Mass with the community. Weekly Friday evenings 6.30-7.15pm. (call to check the previous day).

Other possibilities: individual quiet day, retreat of several days with or without personal accompaniment, online individually guided retreat, spiritual accompaniment and supervision. Groups for the day (up to 25), residential groups (up to 9). - Self Catering only.

More information and bookings on our website www.sisters-of-st-andrew.com

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registered charity number no 227315
Dated 15/09/2023. Check our website for updates of the calendar.