

Looking into the Art of Ignatian Prayer (2)



Exploring some of St Ignatius ways of praying using Art Materials.

A workshop day with Mary Chamberlin.

Saturday 10th June 2023

Arrivals from 10am for a 10.30 start finishing at 4pm

No special skills required!

Please bring a packed lunch

Suggested donation: £20 - £30

Mary Chamberlin is an experienced Spiritual Accompanier having trained on the London Course in Ignatian Spirituality and the Art of Spiritual Direction.

She worked as an Art Therapist in Adult Mental Health in the NHS and values the use of art making processes to access and explore thoughts and feelings that may be hard to articulate in a purely verbal way.

Contact and Booking

Sisters of St Andrew, 99 Belmont Hill, SE13 5DY Lewisham

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website: www.sisters-of-st-andrew.com registered charity number no 227315

