

# Praying with crafty hands



At some stages of our lives, we need to find other ways of praying that suits us better. We can use other resources that are gifted to us, for instance creativity, art and craft. Three Wednesday mornings 'Praying with crafty hands' will help us explore other ways of praying.

With Sister Marie-Christine

***Wednesday 24<sup>th</sup> May 2023: Celtic Mandalas. Contemplative colouring***

***Wednesday 7<sup>th</sup> June 2023: Making my own cross***

***Wednesday 21<sup>st</sup> June 2023: Creating a comforting prayer shawl (Crochet hook)***

*Come for one, two or all three Wednesday mornings.*

*Suggested donation £15-£25 for one session  
or £30 to £50 if you book for the three sessions.*