

Sisters of St Andrew



*Am I too nice?
Am I selfish in being true to myself?*

Saturday 2 July 2022

A workshop day

with Anna-Stina Ponsford and sister Marie-Christine

We will reflect on our ways of helping others. We will consider possible patterns of Co-dependency. There will be short inputs, times of listening to each other and of personal reflection.

Arrivals from 10am for a 10.30 start finishing at 4pm

Please bring a packed lunch

Suggested donation: £ 20 - £ 30

Contact and Booking

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