

**Lenten retreat:** An opportunity to deepen our prayer life and prepare for the Holy Days with an experience of spiritual accompaniment.

**Care of Our Common Home:** some events inviting to reflect, share and pray about our commitment to the 'Care of Our Common Home'. Consult the website.

**'Come away'**. One Thursday a month: 10.30am – 12.30pm. For those who care for a loved one suffering from ill-health. A time to come away, pause, reflect, listen and share. Check dates on website or call. Sr Regula.

**Meditative evening prayer with Taizé chants.** Last Wednesday of each month except July and August. 7.30 to 8.30pm. Arrive at 7.00 if you wish to practice the songs. No need to book. 2022: 26/1, 23/2, 30/3, 25/4, 29/6, 28/9, 26/10, 30/11, 28/12.

**Mass with the community.** Weekly Friday evenings 6.30-7.15pm. (call to check the previous day).

Other possibilities: Groups for the day (up to 25), residential groups (up to 9), individually quiet day, retreat of several days with or without a personal accompaniment, online individually guided retreat, spiritual accompaniment and supervision.

### More information, contact and booking

Sisters of St Andrew, 99 Belmont Hill, SE13 5DY Lewisham

T: 0208 852 1662

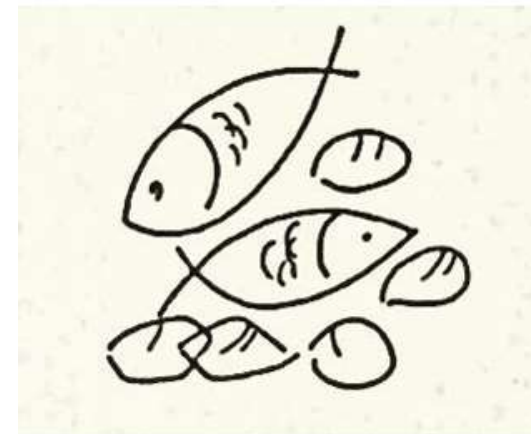
e-mail: [welcome@sisters-of-st-andrew.com](mailto:welcome@sisters-of-st-andrew.com)

website: [www.sisters-of-st-andrew.com](http://www.sisters-of-st-andrew.com)

registered charity number no 227315

(November 2021)

# Saint Andrew Calendar 2022



**Friday 25-Sunday 27 February: Stepping Stones into Silence:**

A silent retreat for beginners with personal accompaniment (IGR)

**Sunday 6 March: Beginning of the Lent retreat:**

‘Your word is a lamp for my steps and a light for my path.’

Psalm 119.105

**Saturday 12 March: Lenten Quiet Day**

**Sunday 3 April: Closing of the Lent retreat**

**Monday 11, Tuesday 12 and Wednesday 13 April: Holy Week  
Journeying in Silence with Jesus in the footsteps of His Passion.**

**Sunday 29 May: Open Afternoon.**

**Saturday 18 June "Looking into the Art of Ignatian Prayer"-**

Exploring some of St Ignatius' ways of praying using Art Materials.

A workshop day with Mary Chamberlin.

**Friday 22 to Sunday 31 July: An Urban Oasis Silent Retreat (IGR)**

**Saturday 24 September:**

**Season of Creation, a reflection day** led by Sr Regula

**Saturday 15 October**

**Extravagant love. 'Meeting God through poetry'** Led by Mary Lean

**From Saturday 21 to Sunday 30 October:**

**We welcome the icon of the Woman at the Well from the  
Retreat Association in our chapel.**

**Saturday 21 October:**

**A Quiet Day with the icon of the Woman at the Well.**

Led by Sr Marie-Christine

**Friday 28-Sunday 30 October Stepping Stones into Silence** A silent retreat for beginners with personal accompaniment (IGR)

**Saturday 12 November: Retiring, a significant step in life:  
Preparing and living the change.** A workshop day with input, sharing and personal times

led by Sr Marie-Christine

**Saturday 26 November**

Quiet Pause in Advent-