

Residential at Sister's of St Andrews,
28-30 September 2020

Hesitant as I had been about making a residential retreat in these Covid times, a sudden personal crisis propelled me into needing focussed time and space with God. Having read their Covid Policy on the website, I contacted the Sisters' of St Andrews and gratefully accepted an immediate three day slot that had become available due to a cancellation. I was warmly welcomed, procedures were explained (they are not burdensome and they are reassuring) and quickly settled down in my light and airy room with balcony. I also had my own appointed kitchen and bathroom. I benefited from an optional daily session with a Sister and also chose to join in with the evening prayer and compline held each evening in the spacious and peaceful chapel. Time passed quickly but it was such a beneficial and fruitful three days. A particular memorable time was spent sitting on the balcony painting the tree outside my window late into the evening as the moon glided in and out from behind the clouds. I would encourage anyone who may be feeling the need for time out to check out the website and make a date.

Pat x